Baby D Drops
What does this medication contain?
Vitamin D

What does it do?
It is used as a dietary supplement to treat or prevent vitamin deficiency. Your baby needs vitamin D to build strong, healthy bones and teeth.

Human breast milk contains only a small amount of vitamin D. As a result, vitamin D supplements are recommended for all breastfed infants to maintain healthy growth and development.

Infants drinking mostly formula get enough vitamin D and do not require supplements.

How much does your baby need?
Current Health Canada recommendations are that all breastfed, healthy, full-term infants get a vitamin D supplement of 400 units daily.

If your baby is getting breast milk and formula, your doctor will recommend the appropriate dose for your infant.

How should it be used?
Vitamin D is available from your pharmacy without a prescription. Give it to your infant following your doctor’s or pharmacist’s instructions, and according to directions on the package.

D Drops can be placed directly into the baby’s mouth, or dropped onto the breast or pacifier, then allow baby to suck for half a minute. Turn the bottle completely upside down. In a few seconds, a drop will fall from the hole in the top of the bottle.

Each drop contains 400 units of vitamin D

What happens if I miss a dose?
Give your infant the missed dose as soon as you remember. However, if it is time for the next dose, skip the missing dose and go back to your regular schedule. Do not give a double dose.

What side effects can this medication cause and what can I do about them?
When taken as directed, vitamin D has virtually no side effects.

Other Information
Store this medication upright at room temperature.

Keep all medication in its original container and out of reach of children.