

## VCH Youth Clinics

Youth can also drop in to the following youth clinics for support and substance use services.



### Broadway Youth Resource Center

2455 Fraser Street, Vancouver, B.C.

Youth Clinic Hours:

Tuesdays & Thursdays 2:30–5:30 pm

### Directions Drop-In Center

1138 Burrard Street, Vancouver, B.C.

Youth Clinic Hours:

Thursdays 7:00–8:30 pm

### East Van Youth Clinic

1669 East Broadway, Vancouver, B.C.

Youth Clinic Hours:

Tuesdays 3:00–6:00 pm

Fridays 2:00–5:00 pm

## Central Addictions Intake Team (CAIT)

If you have questions about the program, would like to refer yourself, or would like to make a referral please contact CAIT.

Youth CAIT phone lines are OPEN DAILY:  
Saturday to Thursday 10:00 am–8:00 pm  
Fridays 10:00 am–5:00 pm

Phone: 604-209-3705

Email: [cait.youth@vch.ca](mailto:cait.youth@vch.ca)

Fax: 604-255-1101



Making better  
decisions together  
with patients  
and families

For more copies, go online at [vch.eduhealth.ca](http://vch.eduhealth.ca) or email [pheem@vch.ca](mailto:pheem@vch.ca) and quote Catalogue No. **JB.556.T73**

© Vancouver Coastal Health, August 2021

The information in this document is intended solely for the person to whom it was given by the health care team.

[vch.ca](http://vch.ca)

## Transition Into Independence Program (TIP)

Assisting youth with finding and maintaining safe and suitable housing with comprehensive case management



## Who we are and what we do

---

The TIP Youth Care Worker provides case management and intensive support to youths. Connection to: primary care, cultural and spiritual support, or other community and treatment supports can also be made.

Youth will be assisted with securing and maintaining market rental housing with regular home visits and outreach in the community

TIP is an 18 month program with the intention of setting up youth for success to live independently after the program ends.



## Criteria for Transition Into Independence Program

---

The intended population for the TIP program is youth between the ages of 18 to 24 years. Youth can turn 25 while enrolled in the program.

Youth experiencing mental health and/or substance use issues (non acute). This is not an abstinent based program.

Youth must be homeless or precariously housed in the Vancouver Coastal Health region

N.B. Youth must already have some form of consistent low income (eg. IA, PWD, employment).

Expectations are that youth willing and able to:

- Engage in activities of daily living and goal setting
- Set and make appointments with our Youth Care Worker on a regular basis
- Work on life skills support at home with our Youth Care Worker
- Prepare for full independence in market rental housing



## Services offered:

---

- Support with finding and maintaining safe and suitable housing
- Provide a rental subsidy for market housing of up to \$625
- Home visits for regular check-ins
- Support with life skills and activities of daily living such as money management and nutrition
- Provide education and support with tenant rights and responsibilities
- Connect youth to primary care, or other community and treatment supports
- Support youth with employment and educational goals
- Support with acquiring home furnishings