

Disinfect the inside of 2L bag:

- Draw up the vinegar into the syringe/bottle/baster and attach it to the drainage tubing
- Add the solution to the bag.
- Repeat above steps to add all the solution.
- Gently shake the solution around the bag for 30 seconds
- Allow the solution to sit for 10-15 minutes then drain out the solution.

Prepare for drying:

- Wipe the outside of the 2L bag with soap and vinegar.
- Leave the spout open and hang to dry. Ensure the tubing end and spout do not come in contact with any surface. Once dried, the 2L bag is ready to be used again.

Clean up:

- Rinse containers and put away the equipment/supplies.
- Wash hands.

Reattach the 2L bag, for example; before going to bed:

- Wash hands.
- Empty the leg bag and close its drainage sprout.
- Wash hands again.
- Cleanse the connecting point of the leg bag and the 2L bag tubing with the alcohol swabs for 30+ seconds. Let dry.
- Connect the 2L bag to the leg bag.
- Wash hands again.



Client Health Education Resource

Cleaning the Secondary Urine Drainage Bag

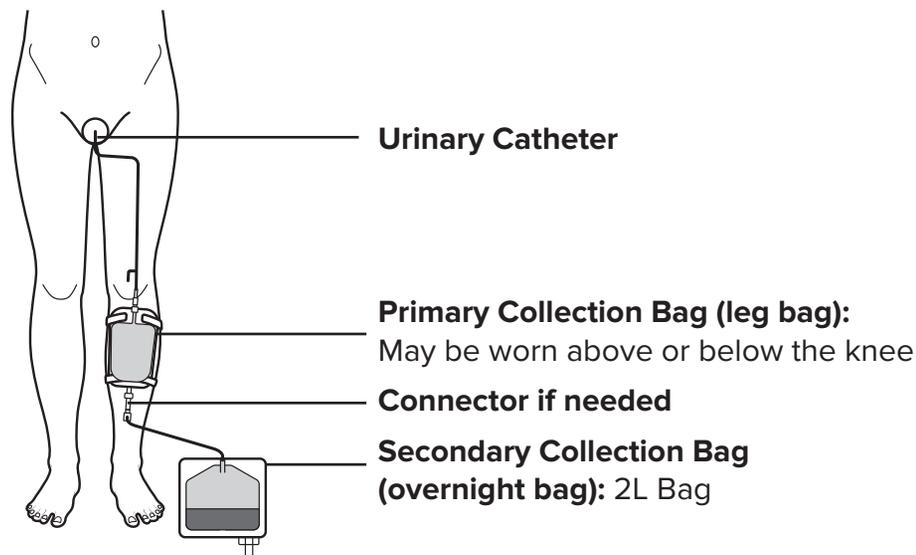


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You have a sterile urinary catheter going into your bladder, either through the urethra or suprapubic area, to drain urine from your bladder.

The catheter is connected to a leg bag called the primary collection bag. The connection between the catheter and the leg bag is not to be opened in order to prevent a urinary tract infection.

Your leg bag can be connected to a secondary collection bag. This 2L bag can collect greater amounts of urine than what the leg bag can hold; for example, overnight collection of urine.

When the 2L bag is disconnected from the leg bag; for example, in the morning, it needs to be cleansed and allowed to dry before re-attaching it to the leg bag.

Gather your supplies:

- Alcohol swab
- Liquid dish soap
- White vinegar
- (2) 1 cup (250ml) containers
- (1) measurement cup
- 50 or 60mL catheter tip syringe (from a medical supply store) or a turkey baster or a squeeze bottle with a small nozzle
- If needed, new 2L drainage bag
- A connector if needed (a piece of tubing which allows the 2L bag tubing to be connected to the leg bag sprout)

Set up the supplies:

- In one of the containers, mix a few drops of liquid dish soap into 250 mL (1 cup) of tap water.
- In the other container, mix 30 mL ($\frac{1}{4}$ cup) of vinegar with 90 mL ($\frac{3}{4}$ cup) of tap water.

Disconnect the 2L bag:

- Wash hands.
- Close the leg bag's spout so that the leg bag now collects the urine.
- Cleanse the connecting point of the leg bag and 2L bag with the alcohol swab for 30+ seconds. Let dry.
- Disconnect the 2L bag from leg bag.
- Empty the 2L bag and close its drainage sprout.
- If the 2L bag has a colour change or is damaged, then discard the bag.
- Wash hands again.

Clean the inside of the 2L bag:

- Draw up soap solution into syringe, bottle or baster and attach it to the drainage tubing.
- Add the solution to the bag.
- Repeat the above steps to add all of the solution.
- Gently shake solution around the bag for 30 seconds
- Open the spout and drain out the solution.
- Rinse with tap water.