

Residential Treatment continued...

**Heartwood Centre for Women** (All self-identified women) **1-888-300-3088 Ext 2032**

90 days [heartwood@cw.bc.ca](mailto:heartwood@cw.bc.ca)

**BC Women's Hospital & Health Centre** 4500 Oak St

**Pacifica** (All genders)

**604-872-5517** • 1755 East 11th Ave.

12 weeks [pacificatreatment.ca](http://pacificatreatment.ca)

**Peak House** (All genders youth 13-18 years)

**604-253-6319** • [intake@peakhouse.ca](mailto:intake@peakhouse.ca)

**Housing First Placement** **604-675-3898**

Low barrier, supported housing in the downtown east side.

### Addiction Housing Services

#### Alcohol & Drug Free Housing

Call ACCESS Central Toll Free **1-866-658-1221**

### Specialized Services

#### Aboriginal Health Program

**604 675-2551** • 2750 East Hastings St  
Addictions and wellness counselling, group education, victim support and outreach to Aboriginal adults.

[aboriginalwellnessprogram@vch.ca](mailto:aboriginalwellnessprogram@vch.ca)

#### Hepatitis C Support & Treatment Clinics

Located at Pender, DCHC, Raven Song CHCs. Contact info on this brochure. Provide intensive support and treatment service for HepC+ individuals facing addiction and concurrent disorders. For Vancouver residents without a family doctor. All referrals to be assessed on a case by case basis.

#### InSite and OnSite

**604-687-7483** • 139 & 137 East Hastings St  
Provide safe services for injection drug users: detox, safe injection monitoring, harm reduction supplies & education, nursing, counselling and case management support.

#### Mobile Needle Exchange, Pickup & Harm Reduction Supplies

**604-657-6561** • [needlevan@phs.ca](mailto:needlevan@phs.ca).

Offers rapid pick up of discarded needles in public spaces and offers distribution of harm reduction supplies to individuals.

7 days a week, 20 hours a day, from 7:00 am–3:00 am.

#### Prism **604-331-8906**

VCH's education, information and referral service for the LGBTIQ2+ communities. [prism@vch.ca](mailto:prism@vch.ca)

**Sheway** **604-216-1699** • 533 East Hastings St  
Integrated health care for pregnant women and new moms (with infants under 18 months) who are dealing with substance use issues.

### Other Services

**Alcohol & Drug Information Referral Service**  
(24 hour) **604-660-9382** Toll Free: **1-800-663-1441**

**BC Nurse Line** **1-866-215-4700**  
24 hour health-related information and referral line.

**Vancouver Crisis Centre** **1-866-661-3311**  
24 hour support, information & referral line.

### Counselling & Support Services

Call **2-1-1** for assistance locating services in Vancouver. [bc.211.ca](http://bc.211.ca)

**Native Courtworkers & Counselling Association of BC** **604-985-5355** • 50 Powell St  
Counselling, support, and life skills training for Aboriginal people and communities.

### Self Help Groups

Call **2-1-1** for assistance locating services in Vancouver.

**Al-Anon** [bcyukon-al-anon.org](http://bcyukon-al-anon.org) **604-688-1716**

**Alcoholics Anonymous** [aa.org](http://aa.org) **604-434-3933**

**Cocaine Anonymous** [ca-bc.org](http://ca-bc.org) **604-662-8500**

**LifeRing Secular Recovery** [liferingcanada.org](http://liferingcanada.org)

**Nar-Anon** [nar-anonbcregion.org](http://nar-anonbcregion.org) **604-878-8844**

**Narcotics Anonymous** [bcna.ca](http://bcna.ca) **604-873-1018**

**Refuge Recovery** [refugerecovery.org](http://refugerecovery.org)

**SMART Recovery** [smartrecovery.org](http://smartrecovery.org)

**Vancouver Recovery Club**  
[vancouverrecoveryclub.com](http://vancouverrecoveryclub.com) **604-708-9955**

For more copies, go online at [vch.eduhealth.ca](http://vch.eduhealth.ca) or email [phem@vch.ca](mailto:phem@vch.ca) and quote Catalogue No. **DB.590.V36**

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The information in this document is intended solely for the person to whom it was given by the health care team.

[vch.ca](http://vch.ca)



help  
is  
available  
**vancouver**

**SUBSTANCE  
USE SERVICES**

**Vancouver  
CoastalHealth**

## Substance Use Services

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Free and confidential services are located at various VCH health care sites. Sites may offer a range of services for youth/young adults aged 24 and under, adults and older adults (65+), and are welcoming spaces for lesbian, gay, bi, trans, intersex, queer & questioning, Two-Spirit (LGBTIQ2+) and Indigenous communities:

- Assessment and referrals
- Help for detoxification
- Education and information
- Group and individual counselling
- Harm reduction services and supplies
- Opiate Agonist Treatment (methadone, suboxone, naloxone)
- Smoking cessation
- Acupuncture & alternate therapies

To access services contact the nearest VCH health care site to connect.

The **Youth Intensive Case Management Team (YICMT)** brochure is available at: [vch.eduhealth.ca/PDFs/JB/JB.556.Y96.pdf](http://vch.eduhealth.ca/PDFs/JB/JB.556.Y96.pdf)

### Downtown Community Health Centre

(open 7 days a week)

**604-255-3151** • 569 Powell St (at Princess Ave)

### Evergreen Community Health Centre

**604-707-3620** • 3425 Crowley Dr

(at Joyce Skytrain)

Counsellors available at this location by phone line.

Note: This centre no longer has addictions medicine. Addictions medicine team has moved to Grandview woodlands (Robert and Lily Lee).

### Heatley Community Health Centre

**604-253-4401** • 330 Heatley St (at Powell St)

### Robert and Lily Lee Family Community Health Centre

**604-675-3990** • 310-1669 East Broadway Ave

(at Commercial Dr)

Addictions medicine services available for Youth and Adults under the Grandview Woodlands team.

### Pacific Spirit Community Health Centre

**604-267-3970** • 3rd Floor 2110 West 43rd Ave

(at West Blvd)

Youth Substance Use Services only.

### Pender Community Health Centre

**604-669-9181** • 59 West Pender St (at Abbott St)

### Raven Song Community Health Centre

**604-872-8441** • 3rd floor, 2450 Ontario St

(at East 8th Ave)

### South Mental Health and Addiction Services

**604-266-6124** • 220-1200 West 73rd Ave

(west wing) (at Hudson St)

### Three Bridges Community Health Centre

**604-331-8905** • 1128 Hornby St

### Older Adult (65+) Mental Health & Addiction Services

**Central Intake** • **604-709-6785**

### Cambie Older Adult Mental Health & Addiction Services

**604-873-6733** • 200-4088 Cambie St

(at King Edward Ave)

## Detox Services

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Medical and other support for people withdrawing from alcohol and other drugs.

### ACCESS Central

 Toll Free: **1-866-658-1221**

A screening and referral line for different detox services:

- Residential (Vancouver Detox, Harbourlight Detox)
- Day Program (Daytox)
- Youth Residential Detox (Family Services, PLEA)

### Downtown Eastside Connections Clinic

**604-675-3600**

Low barrier substance use clinic for people with opioid dependency (including methadone and suboxone), open Monday to Friday 8:30 am–7:30 pm, weekends & holidays 8:30 am–5:30 pm  
623 Powell Street (alley entrance)

### Rapid Access Addiction Clinic

**604-806-8867**

Low barrier short-term assessment & stabilization service (including methadone and suboxone) with transfers to ongoing care in community, open daily 9:00 am–4:00 pm.

St. Paul's Hospital (1081 Burrard Street), Mental Health Wellness Clinic, 2nd Floor Burrard Building

### START OutPatient Detox

**604-658-1278**

Home detox and quick access to opioid stabilization for residents of Vancouver. • [start.team@vch.ca](mailto:start.team@vch.ca)

## Day Treatment Programs

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Intensive day/evening/weekend treatment in non-residential setting. Programs vary from 4–20 weeks. We welcome members of the LGBTIQ2+ and Indigenous communities in all our programs.

### Daytox Program

 (All genders)

**604-675-2455** • Robert and Lilly Lee Family CHC

### Sisters Together Active in Recovery (STAR)

(All self-identified women)

**604-266-6124** • 220-1200 West 73rd Ave

(west wing) • [star@vch.ca](mailto:star@vch.ca)

### Vancouver Addiction Matrix Program (VAMP)

(Two program streams: all genders & gay/bi men)

**604-331-8905** • 1128 Hornby St

[vamp@vch.ca](mailto:vamp@vch.ca)

## Residential Services

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### Stabilization & Transitional Living Residences (STLRs)

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Provide safe, structured living environment and support programs. We welcome members of the LGBTIQ2+ communities in all our programs.

### Central Addiction Intake Team

**604- 675-2455**

For referrals to residential treatment or STLRs.

### Central City Lodge

 (All self-identified men)

**604-639-8238** • 415 West Pender St

[cccares.org/addiction-recovery](http://cccares.org/addiction-recovery)

### New Dawn/New Day/New Way

 (All self-identified women)

**604-325-0576** • 218-3369 Fraser St

[chrysalissociety.com](http://chrysalissociety.com)

### Together We Can

 (All self-identified men)

**604-451-9854** • 2831 Kingsway

[twcrecoverylife.org](http://twcrecoverylife.org)

### Turning Point

 (All genders)

**604-875-1710** • [turningpointrecovery.com](http://turningpointrecovery.com)

## Residential Treatment

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Provides intensive therapy programs that may include group, individual and family counselling. A cost may apply.

**604 675-2455** • Referrals to youth residential services.