

Enhanced Recovery After Surgery (ERAS) for Cervical Spine Surgery

<https://vch.eduhealth.ca/en/permalink/phem4263>

Catalogue Number: FB.703.C47

Language: English

Status: Requested

Description: Patient information on Cervical Spine Surgery: the process of surgery preparation, hospital stay, and home recovery.

Topic: Symptoms, Diseases & Conditions
Procedures, Treatments & Tests

Subject: Neck Injuries and Disorders
Spine Injuries & Disorders

Keywords:

Surgeries
Cervical Spine
neck
Pre operative care
pre operative instructions
Pre procedure information
pre-admission information
hospital stay
recovery
nutrition
Nutrition Recommendations
physical activities
pain control
After Discharge
after procedure
after surgery
aftercare
leg exercises
risks
pain medicine
Referrals
physiotherapist
pain
posture
neck stability
breathing exercises
What to expect
What to watch out for
resources
precautions