



## Sharing Food, Creating Fun (Punjabi)

<https://vch.eduhealth.ca/en/permalink/phem3743>

Catalogue Number: BB.200.E28.PU

Current Revision: June-22-2018

Date:

Language: Punjabi

Status: Available

Description: Health benefits of eating together as a family written in Punjabi.

Format: Factsheet

Topic: Healthy Living

Subject: Food & Nutrition

Keywords: nutrition  
communication  
Communication skills  
family  
meal plan

Reading Level: 3

Date Issued: June-22-2018

### Related Records:

**Sharing Food, Creating Fun - BB.200.E28**

Sharing Food, Creating Fun (Traditional Chinese) - BB.200.E28.CN

Sharing Food, Creating Fun (Punjabi) - BB.200.E28.PU

### Documents



BB.200.E28.PU.pdf

Read PDF

Download PDF