Mental Health & Other Services

AAC (Access and Assessment Centre)  
Ages 17+ 24 hour access for mental health support/crisis intervention and consultation. 604-675-3700

Aboriginal Wellness Program  
The Aboriginal Wellness Program provides services to Aboriginal youth and families. Call for information about referrals. Hours: Monday to Friday 9:00 am–5:00 pm (closed for lunch 12:00 pm–1:00 pm). Closed statutory holidays. 288 - 2750 East Hastings Street, Vancouver, BC, V5K 1Z9  
Phone: 604-675-2551

Child & Adolescent Response Team (CART)  
The CART program provides community response (within 72 hours) to mental health related crisis involving children and youth ages 5 to 18 living in Vancouver who are experiencing urgent psychiatric or emotional mental health crisis. 604-874-2300

Youth Assertive Outreach Team  
Provides assertive outreach support to vulnerable, marginalized youth where attempts to engage with mainstream services have been unsuccessful. Support includes groups, trauma informed individual counselling support and psychiatric assessment and follow up. 550 Cambie St, 2nd floor 604-688-0551

Child and Youth Mental Health Teams  
Multidisciplinary team provides services to youth 18 and under with mental health concerns. Services include psychiatric assessment and treatment, individual and group therapy, and rehabilitation services. Rehabilitation services includes skill development, coaching/education, and mentoring in areas such as home management, community living, interpersonal relationships, illness and self-management, volunteering, returning to school, work, recreation, and leisure. Services may involve the client’s significant others/family of choice if appropriate.

Child and Youth Mental Health Intake Clinics  
CYMI is offering regular intakes on a walk-in basis (no appointment needed) at the following Vancouver locations:

Northeast  
355-2750 E. Hastings St 604-675-3895  
Hours: Monday and Tuesday 9:00 am–4:00 pm (last appointment)

Pacific Spirit  
2110 W. 43rd Ave, 3rd floor 604-267-3970  
Hours: Tuesday 9:00 am–7:00 pm (last appointment) and Wednesdays 9:00 am–4:00 pm (last appointment)

Rainbow Song  
2450 Ontario St, 3rd floor 604-872-8441  
Hours: Tuesday 9:00 am–4:00 pm (last appointment)

West End  
Child & Family Clinics  
870 Denman St 604-331-8908  
Hours: Thursday 1:00 pm–4:00 pm (last appointment)

Please note: Appointments are not booked - New referrals are made in person on a first come first serve basis.

Family and Community Enhancement Services (FACES)  
The FACES program is offered by Pacific Spirit (604-267-3970) and is no longer a part of the PACES program. Connect Parent Group – Program for parents of children and youth (8 to 18 years) which focuses on strengthening the parent/child attachment relationship. 604-675-3896

Omunity  
BC’s Queer resource Center. Prideline, information, referral and peer support. www.omunity.ca 1170 Bute St 604-684-5307

SAFER (Suicide Attempt Follow-up Education and Research)  
Provides assertive outreach for people aged 19 and older who are feeling suicidal or have attempted suicide, support and education for those concerned about loved ones at risk for suicide, and counselling for those bereaved by a suicide death. 715 W. 12th Ave 604-875-4794  
Hours: Monday to Friday 8:30 am–4:30 pm

VCH Early Psychosis Intervention (EPI) Program  
The EPI Program is specialized multidisciplinary mental health team that serves individuals age 13 to 29 inclusive who reside in Vancouver or Richmond and are experiencing a confirmed or suspected first episode of psychosis. Exclusionary criteria include psychosis due to acute intoxication and psychosis secondary to general medical condition. EPI provides individual assessment, treatment and rehabilitation services, and offers a variety of psycho-educational, vocational and recovery based groups. Family participation is greatly encouraged and EPI offers a six-session Family Education Group up to three times per year for friends and family members of EPI clients.  
Hours: Monday to Friday from 9:00 am–5:00 pm.  
Intake is through the Main EPI Office Line: 604-675-3875.

VCH Eating Disorders Program  
The program offers a community based outpatient multidisciplinary team who work with children, youth and adults at various stages in their recovery process. 604-675-2531

Resilient Kids  
Group counselling available to children who have a parent with a significant mental illness. 604-675-3896

Provincial Youth Concurrent Disorders Program  
Provides outpatient psychiatric consultations for BC youth (ages 12 to 24). Referral from physician required. Located at BC Women’s and Children’s Hospital. 604-875-2010

Deaf Well Being Program  
The program works with clients between 0-99 who are hard of hearing, Deaf, or Deaf-Blind. Kristen Prantz, Program Coordinator #300–4211 Kingsway, Burnaby. Text: 604-306-7633. Email: kristen.wp@icloud.com, deafwellbeing.vch.ca

Services in Richmond

Richmond Addiction Services – Problem Gambling/Gaming Program  
Services for those who are problem gambling/gaming or impacted by problem gamblers/gamers. www.richmondaddictions.ca 604-270-9220

Youth and Family Program  
Outpatient and outreach counselling, drop-in, assessment and referral services, community and school-based prevention services, alternative therapies www.richmondaddictions.ca 604-270-9220

Richmond Eating Disorders Services  
A free, voluntary, community-based program that offers assessment and treatment services for youth (and family members) with anorexia nervosa, bulimia nervosa or an eating disorder not otherwise specified. General Practitioner referral required. 604-244-5486

Richmond Youth Service Agency (RYSYA)  
Counselling, career/employment support, after-school and recreation programs, and Aboriginal supports for children, youth and families. www.rysya.bc.ca 604-271-7600

Services in North Vancouver

Foundry  
Foundry North Shore is a “one stop shop” where young people can find hope, help and support on Vancouver’s North Shore. For Youth ages 12 to 24. 211 West 1st St, North Vancouver 604-984-5060  
Hours: Monday and Thursday 9:00 am–6:00pm Tuesday, Wednesday and Friday 9:00 am–5:00 pm Drop in support hours: Monday and Thursday 1:00 pm–5:00 pm Tuesday and Wednesday 1:00 pm–4:00 pm

For more copies, go online at http://vch.education.ca or email phem@vch.ca and quote Catalogue No. JB.556.Y58  
Please send any feedback about this handbook to feedback@vch.ca  
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The information in this document is intended solely for the person to whom it was given by the health care team. www.vch.ca
Youth clinics offer free confidential drop in services for youth up to and including age 24. Services provided by trained health care providers include:

- Testing for sexually transmitted infections
- Free condoms and water-based lubricant
- Emergency contraception
- Pap tests
- Free or low-cost birth control options
- Pregnancy testing and options counselling
- General counselling

Visit: www.vch.ca/youthclinic for more information and additional youth clinic locations.

**Vancouver Public Health Youth Clinics**

- **East Van Youth Clinic**
  - Hours: Monday 2:30 pm–6:00 pm, Tuesday 3:00 pm–6:00 pm
  - 2455 Fraser St, Vancouver, BC, V5T 0E6
  - 604-786-2288
  - Fax: 604-435-5694
  - 24-hour addictions support line: 1-866-658-1214
  - star@watari.ca
  - www.watari.ca

- **Boulevard Youth Resource Center Youth Clinic**
  - Hours: Monday to Friday 9:30 am–3:30 pm
  - 2425 Fraser St, Vancouver, BC, V6K 0E6
  - 604-322-7577

- **Raven Song Youth Clinic**
  - 604-261-6366
  - www.bgbc.ca

- **Community Health Centers & Youth/Young Adult Substance Use Counselling**
  - VCH Youth & Young Adult Concurrent Clinicians

**Roberts Library Youth Clinic**

- 604-675-2911
- 24-hour addictions support line: 1-866-658-1214
- Star@Watari.ca
- www.watari.ca

**Youth Assertive Outreach Team**

- 604-714-3480
- 1292 Hornby St (at Drake St)

**Broadway Youth Resource Center**

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