

Community Contacts for Older Adults

FIRE - POLICE - AMBULANCE 911

Support

Contact your local Community Health Centre to have a Continuing Care staff person come to your home and discuss services and supports available to you.

Evergreen	604-872-2511	Raven Song	604-709-6400
Robert & Lily Lee Family	604-675-3980	South	604-321-6151
Pacific Spirit	604-261-6366	Three Bridges	604-736-9844
Pender	604-669-9181		

Community Health Services include:

- **Home Care:** In home professional nursing and rehabilitation services for those whose health makes it difficult to look after themselves.
- **Home Support:** Home support services include help with bathing, dressing, walking, meals and household tasks, etc.
- **Case Management Services:** Assistance for people in identifying care issues and co-ordinating services.
- **Residential Care:** Access to facilities for people who can no longer be cared for at home and who require 24-hour supervision.
- **Palliative Care/Hospice Care:** In home assistance intended to comfort and support individuals & families living with a life threatening illness.
- **Volunteer Program, Nutrition Counselling**

Mental Health Services

- Greater Vancouver Mental Health Services - Geriatrics..... 604-709-6785
- Mental Health Information Line 604-669-7600
- Alzheimer Society of B.C. 604-681-6530

Equipment

- Red Cross Equipment Loan - wheelchairs, walkers, etc. 604-301-2566
- Health Link Medical Equipment Supply..... 604-264-8080
- Mobility Matters - Resources for Independent Living 604-267-0831

Personal Emergency Response Systems

- Canadian Medic Alert Foundation (hot line registry) 1-800-668-1507
- Life Line Program (emergency response) 604-872-5433
- Wandering Registry (Alzheimer's Society of Canada) 1-800-616-8816

Transportation

- Handy-Dart Bookings..... 604-575-6600
- Vancouver Taxi Wheelchair Services..... 604-255-5111
- Parking Permit Program for People with Disabilities..... 604-718-7744
- Volunteer Driver Program (Cancer Patients Only) 604-872-2034 or 604-253-8470

Meals

- Meals on Wheels 604-732-7638
- Dial-a-Dietitian (English, Chinese, Punjabi) 604-732-9191
outside of Vancouver: 1-800-667-3438

Personal Emergency Response Systems

- Arthritis Telephone Information Service..... 604-875-5051
outside of Vancouver: 1-800-321-1433
- BC Lung Association - programs for breathing problems..... 604-731-5864
- BC Centre for Elder Advocacy and Support 604-437-1940
- Parkinson Society of British Columbia 604-662-3240
- LifeLabs: Mobile Laboratory Service 604-412-4495
- Canadian Continence Foundation 1-800-265-9575
- Canadian National Institute for the Blind..... 604-431-2121
- Cancer Information Line..... 1-888-939-3333
- Diabetes Resource Centre Information Line 604-732-4636
- Heart & Stroke Foundation of BC..... 604-736-4404
- Office of the Public Trustee - Legal & financial affairs for at risk seniors 604-660-4444
- Osteoporosis Society (Resource Line) 604-731-4997
- Seniors Well Aware Program (SWAP) - Alcohol & Drug concerns 604-662-7927
- Seniors Housing Information Program (SHIP)..... 604-520-6621
- Seniors Counselling Service (411 Dunsmuir) 604-684-8171
- Stroke Recovery Association of BC..... 604-688-3603
- SUCCESS - United Chinese Community Enrichment Services Society 604-684-1628
- Western Institute for the Deaf and Hard of Hearing 604-736-7391

Please contact your family doctor for advice or if you become ill. For a medical emergency you should go to the Emergency Department of your local hospital.

For more information about health concerns, call or visit the CIBC Centre for Patients and Families: **604-875-5887**, Vancouver General Hospital, Jim Pattison Pavilion, Rm 1861, 899 West 12th Avenue.

For more copies, go online at <http://vch.eduhealth.ca> or email pthem@vch.ca and quote Catalogue No. **GT.022.C737**

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The information in this document is intended solely for the person to whom it was given by the health care team.

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