

Richmond Early Childhood Mental Health Program

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Making better
decisions together
with patients
and families

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**Vancouver
Coastal Health**
Promoting wellness. Ensuring care.

Who We Are...

We are a multidisciplinary team composed of psychiatrists and allied health professionals including psychologists, social workers, and counsellors.

We work with Richmond families and community agencies to assess and treat behaviour/emotional problems in children 0–5 years of age.

Assessment and treatment is provided in the context of the child's family and in collaboration with other community service providers as needed.

We are a designated teaching site for UBC Faculty of Medicine.



What We Can Help With...

- Issues relating to uncontrollable temper tantrums; defiance; aggression; hostility; sibling rivalry
- Anxiety including extreme shyness; difficulty separating from parent; phobias, selective mutism
- Behavioral patterns that affect sleeping; feeding; toilet training
- Concerns about mood and adjustment difficulties
- Trauma
- Issues relating to attachment and bonding; parent-child relationship difficulties
- Developmental delays
- Neurodevelopmental concerns (autism, ADHD)



How to Access Our Services...

- Referrals must be made by a physician.
- Referral forms are available by calling us at 604-278-9711 ext. 4055 or visiting our office during regular office hours. Alternatively, you may access the referral form on our website: www.vch.ca