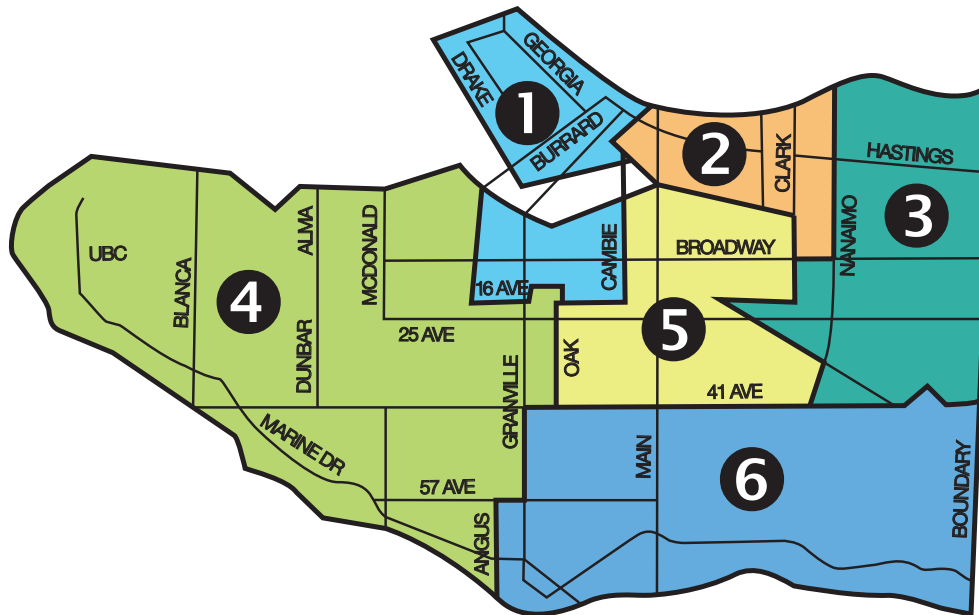


# Vancouver Breastfeeding Service

## Public Health Breastfeeding Services

The following services are provided by all Vancouver Coastal Health Community Health Centers:

- Reception is open Monday to Friday, 8:30 am to 4:30 pm.
- Public Health Nurses are available for breastfeeding support by phone or in person on a drop-in basis Monday to Friday. Hours vary by location. Call for more information.
- Parent-infant Drop-In: Call or look at our website for information about our groups.  
<http://www.vch.ca> Search: Parent Infant Group



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|---|--|
| <p><b>1 Three Bridges Community Health Center</b><br/>           1292 Hornby Street      604-736-9844</p> | <p><b>2 Robert &amp; Lily Lee Community Health Center</b><br/>           1669 East Broadway      604-675-3980</p>        |
| <p><b>3 Evergreen Community Health Center</b><br/>           3425 Crowley Drive      604-872-2511</p>     | <p><b>4 Pacific Spirit Community Health Center</b><br/>           2110 West 43<sup>rd</sup> Avenue      604-261-6366</p> |
| <p><b>5 Raven Song Community Health Center</b><br/>           2450 Ontario Street      604-709-6400</p>   | <p><b>6 South Community Health Center</b><br/>           6405 Knight Street      604-321-6151</p>                        |

## Breastfeeding Clinics (by appointment):

- Robert & Lily Lee Family Community Health Centre
- Pacific Spirit Community Health Centre

## Other Breastfeeding Services in Vancouver

AGENCY/LOCATION	SERVICES
<p><b>BC Women's Hospital</b>            4500 Oak Street            Vancouver, BC V6H 3N1            604-875-3135 or            Direct line: 604-875-2282            Pager: 604-875-4200            #01445 or #01767</p>	<p>BC Women's Hospital provides the following services:</p> <ul style="list-style-type: none"> <li>• Consultation with women in BC Women's and BC Children's hospitals</li> <li>• Breastfeeding outpatient clinics on Mondays and Thursdays</li> <li>• Prenatal multiples breastfeeding classes</li> <li>• Professional education for our staff</li> <li>• Professional education and support for health care providers throughout BC</li> </ul> <p>Our nurse lactation consultants work (and carry a pager) Monday to Friday from 8:00 a.m. until 4:00 p.m.</p> <p>Our patient services are open to everyone. A referral is not required. To make an appointment, please call 604-875-3135</p> <p>For Information about breastfeeding, please call:            604-875-2282 or page 604-875-4200 #01445 or #01767  <b>Prenatal Breastfeeding classes:</b> \$35 per class            You learn:</p> <ul style="list-style-type: none"> <li>• The benefits of breastfeeding for your baby, you and your family</li> <li>• Important things to do to make it easier for you both</li> <li>• How to overcome challenges</li> <li>• Help you can find in your community</li> </ul> <p>For Information about Milk Banking, please call:            604-875-2282 for donor information            604-875-2424 local 7634 for recipient information</p>
<p><b>La Leche League Canada</b>            604-520-4623  <a href="http://www.lllc.ca/">http://www.lllc.ca/</a></p>	<ul style="list-style-type: none"> <li>• Self-help support network for breastfeeding women</li> <li>• Check website for dates and times of La Leche groups in the community</li> <li>• Telephone and email support is also available</li> </ul>
<p><b>Vancouver Breastfeeding Centre</b>            #340 - 943 West Broadway            Vancouver BC V5Z 4E1            604-738-1912            Fax: 604-738-1231  <a href="http://www.breastfeedingclinic.com">http://www.breastfeedingclinic.com</a></p>	<ul style="list-style-type: none"> <li>• Advice and support for Breastfeeding mothers and information for Physicians and healthcare providers</li> </ul> <p><i>*appointments require a Health Care Provider referral*</i></p> <p>Monday to Friday, 9:30 am to 3:30 pm</p>
<p><b>Healthy Families BC</b>  <a href="http://www.healthyfamiliesbc.ca">www.healthyfamiliesbc.ca</a></p>	<p>This website is filled with up-to-date and practical information, useful tools and resources for women, expectant parents, and families with babies and toddlers including links to "Babies Best Chance" and "Toddlers First Steps" publications.</p>

For more copies, go online at <http://vch.eduhealth.ca>  
 or email [pthem@vch.ca](mailto:pthem@vch.ca) and quote Catalogue No. **GK.560.V336**  
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The information in this document is intended solely for the person  
 to whom it was given by the health care team.  
[www.vch.ca](http://www.vch.ca)