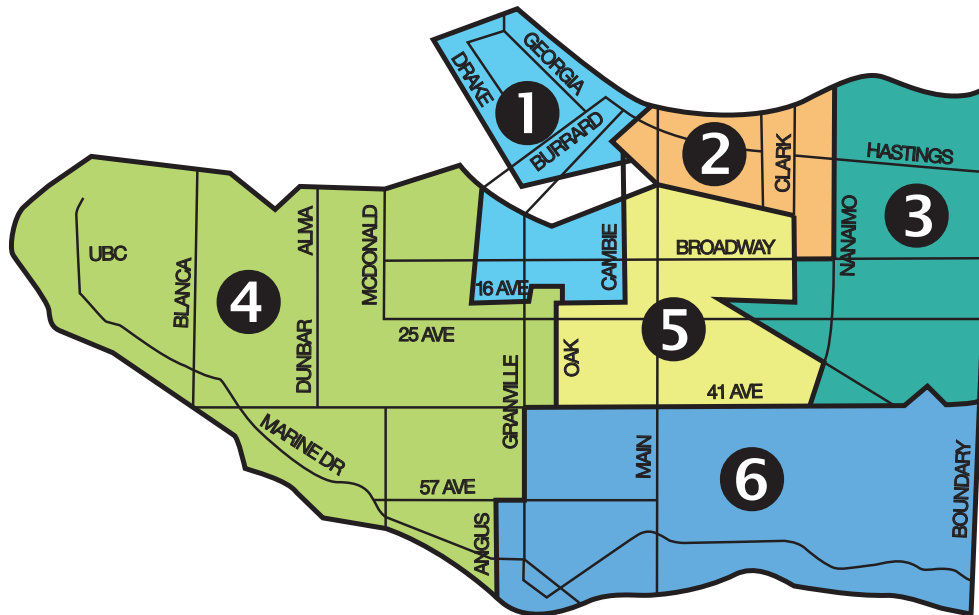


Vancouver Breastfeeding Service

Public Health Breastfeeding Services

The following services are provided by all Vancouver Coastal Health Community Health Centers:

- Reception is open Monday to Friday, 8:30 am to 4:30 pm.
- Public Health Nurses are available for breastfeeding support by phone or in person on a drop-in basis Monday to Friday. Hours vary by location. Call for more information.
- Parent-infant Drop-In: Call or look at our website for information about our groups.
<http://www.vch.ca> Search: Parent Infant Group



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| <p>❶ Three Bridges Community Health Center
 1292 Hornby Street 604-736-9844</p> | <p>❷ Robert & Lily Lee Community Health Center
 1669 East Broadway 604-675-3980</p> |
| <p>❸ Evergreen Community Health Center
 3425 Crowley Drive 604-872-2511</p> | <p>❹ Pacific Spirit Community Health Center
 2110 West 43rd Avenue 604-261-6366</p> |
| <p>❺ Raven Song Community Health Center
 2450 Ontario Street 604-709-6400</p> | <p>❻ South Community Health Center
 6405 Knight Street 604-321-6151</p> |

Breastfeeding Clinics (by appointment):

- Robert & Lily Lee Family Community Health Centre
- Pacific Spirit Community Health Centre

Other Breastfeeding Services in Vancouver

AGENCY/LOCATION	SERVICES
<p>BC Women's Hospital 4500 Oak Street Vancouver, BC V6H 3N1 604-875-3135 or Direct line: 604-875-2282 Pager: 604-875-4200 #01445 or #01767</p>	<p>BC Women's Hospital provides the following services:</p> <ul style="list-style-type: none"> • Consultation with women in BC Women's and BC Children's hospitals • Breastfeeding outpatient clinics on Mondays and Thursdays • Prenatal multiples breastfeeding classes • Professional education for our staff • Professional education and support for health care providers throughout BC <p>Our nurse lactation consultants work (and carry a pager) Monday to Friday from 8:00 a.m. until 4:00 p.m.</p> <p>Our patient services are open to everyone. A referral is not required. To make an appointment, please call 604-875-3135</p> <p>For Information about breastfeeding, please call: 604-875-2282 or page 604-875-4200 #01445 or #01767 Prenatal Breastfeeding classes: \$35 per class You learn:</p> <ul style="list-style-type: none"> • The benefits of breastfeeding for your baby, you and your family • Important things to do to make it easier for you both • How to overcome challenges • Help you can find in your community <p>For Information about Milk Banking, please call: 604-875-2282 for donor information 604-875-2424 local 7634 for recipient information</p>
<p>La Leche League Canada 604-520-4623 http://www.lllc.ca/</p>	<ul style="list-style-type: none"> • Self-help support network for breastfeeding women • Check website for dates and times of La Leche groups in the community • Telephone and email support is also available
<p>Vancouver Breastfeeding Centre #340 - 943 West Broadway Vancouver BC V5Z 4E1 604-738-1912 Fax: 604-738-1231 http://www.breastfeedingclinic.com</p>	<ul style="list-style-type: none"> • Advice and support for Breastfeeding mothers and information for Physicians and healthcare providers <p><i>*appointments require a Health Care Provider referral*</i></p> <p>Monday to Friday, 9:30 am to 3:30 pm</p>
<p>Healthy Families BC www.healthyfamiliesbc.ca</p>	<p>This website is filled with up-to-date and practical information, useful tools and resources for women, expectant parents, and families with babies and toddlers including links to "Babies Best Chance" and "Toddlers First Steps" publications.</p>

For more copies, go online at <http://vch.eduhealth.ca>
 or email pthem@vch.ca and quote Catalogue No. **GK.560.V336**
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The information in this document is intended solely for the person
 to whom it was given by the health care team.
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