

# Pulmonary Function Testing

## APPOINTMENT

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Site: \_\_\_\_\_

\_\_\_\_\_

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## **What is a Lung Function Test?**

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A lung function test is done to measure how well your lungs work. We measure the size of your lungs, how quickly you can fill and empty them, and how well oxygen can move through your lungs into your blood. The results, whether normal or abnormal, help your doctor know why you have breathing complaints.

### **Preparation for the exam?**

Please try to withhold your breathing medicine for four hours before test. If your test has been booked close to a meal time, we recommend a small meal.

**If you are having an exercise test, a methacholine challenge or esophageal ph test, please contact the lab for specific instructions.**

### **Will it hurt?**

The breathing test does not hurt. However, if you feel that your chest is sore or you are breathless, then during the test these feelings are sometimes worse.

If the doctor has ordered an arterial blood sample, there may be pain associated with the procedure. This test is done to measure the oxygen level in your blood.

### **Do I come if I have a cold?**

Please contact us the day before your test if you have a cold or flu, so we can reschedule your test. If you postpone your test you may need to contact your physician.

### **How long before my doctor gets the results?**

We send the results to your doctor after our lung specialist's interpretation. We mail a final report to your physician in one to two days. The results are available immediately if required by your physician.

**Please do not use perfumes or colognes.**

**We require 24 hours notice for cancellation  
of your appointment.**

**If you arrive more than 15 minutes late  
we will need to reschedule your test.**