

## Care of your INS (DBS battery) replacement incision Discharge instructions

1. Keep incision wound clean and dry.
2. Do not take off dressing for 48 hours.
3. Keep incision wound dressed preferably for 10 days.
4. No showering for 10 days. A bath (sponge bath) is fine as long as the incision is kept dry.
5. Stitches can be removed after 10 days by your family physician.
6. You may do normal activities at home. Do not swing your arm or lift anything heavy for six weeks, especially the arm on the side of the incision (i.e tennis, golf).
7. Resume medications, eating and drinking as before the procedure unless otherwise instructed.
8. You will be more comfortable lying on your back while sleeping, or on the side opposite to the INS while sleeping.
9. Take Tylenol 1-2 tablets as needed for incision site pain (unless allergic to this medication)
10. If you have any fever, chills, redness, drainage or unusual swelling of the incision, call your family doctor/nearest emergency room immediately and review with the DBS team as soon as possible.

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