More Questions?
For more information please call
Speech-Language Pathology at
604-737-6232

Location:  GF Strong
4255 Laurel Street
Vancouver, BC
V5Z 2G9

Aphasia Education
for Family and Friends

GF Strong Rehab Centre
4255 Laurel Street
Vancouver BC V5Z 2G9
Tel: 604-734-1313
What is Aphasia?
Aphasia refers to the difficulty using and understanding language after damage to the brain. Aphasia can affect understanding, speaking, reading and writing.

Who is this for?
Family and friends of people living with Aphasia. This workshop is not suitable for people living with aphasia, as it addresses the needs of their communication partners. Family and friends wishing to learn how to communicate more effectively and to understand more about aphasia are welcome.

Cost?
Attendance is free, but commitment across four weeks is required.

Do I have to register?
Registration is required, as the workshop will only be provided if enough participants register. Please register by calling 604-737-6232 or email dina.collins@vch.ca You will be contacted for confirmation of the workshop dates and times.

Workshop Description:
This is a chance for family and friends of people living with aphasia to participate in a workshop offering information and education about aphasia. Active participation is a key component of this workshop. Opportunity is given for attendees to share their successes and challenges. You will learn how to use “total communication” to facilitate more successful and satisfying interactions.

Workshop Format:
• The workshop runs for four consecutive weeks, one night a week for two hours.
• Sessions are held at GF Strong (room to be confirmed), with two registered speech language pathologists
• The workshop is open and informal.
• Educational materials (videos and handouts) are shared and reviewed in each session
• “Hands-on” practice of communication strategies is provided with the help of group facilitators
• Your questions, concerns and shared experiences guide the sessions.
• “Aphasia Friendly” minutes are kept at each session and participants are encouraged to share them with their family/friend with aphasia.
• A follow-up session is offered approximately 6 weeks after the workshop.
• Repeat attendance is welcome

What will I learn?
You will learn:
• What aphasia is and how it can affect each individual differently.
• How to support a family member or friend with aphasia in comprehension, and expression.
• How to become a better communicator and to hold up “Your end” of the conversation.
• The importance of taking care of YOU.
• About resources for YOU and your family member or friend with aphasia.
• How to make a simple, personalized communication book.
• How to use everyday tools (paper, pen, photos, props) to communicate.