

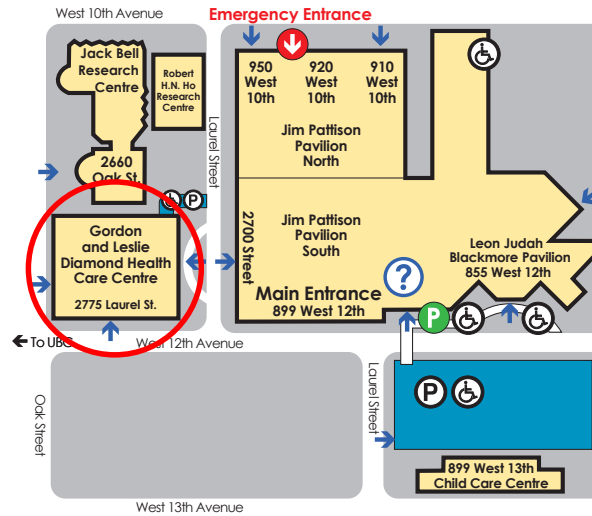
Financial Planning

Please make sure that you are up to date with filing your income taxes. Ensure you are registered with Fair Pharmacare. People who receive a liver transplant will need to take immunosuppression (anti-rejection) medication. This medication is very expensive. BC Transplant will provide most of the immunosuppression medication free of charge as long as you are registered with Fair Pharmacare. You can check online to see if you are registered. You can also start the registration process online if you are not registered.

If you have a private extended health plan, you may have some coverage for accommodation and transportation for your SOT appointments and post transplant residency. Check with your benefits administrator.

Keep all receipts for out of town medical expenses associated with liver transplant. You may be able to claim some of these expenses on your income tax return. It is recommended that when claiming medical expenses that you have an accountant complete your return. An accountant should be able to help determine which medical expenses are deductible and which ones are not.

We hope that the information contained in this pamphlet is helpful and assists you in preparing for your appointments and assessments at SOT clinic. We look forward to meeting you.



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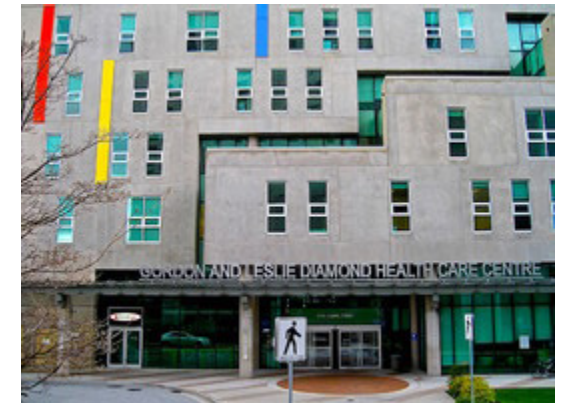
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Liver Transplant Social Work



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As part of your pre-transplant assessment process a social worker will meet with you to complete a psychosocial assessment. The social worker will also provide important liver transplant information.

Some of this information is best given to you prior to your first appointment so that you can be better prepared. The purpose of this pamphlet is to provide you with some of this important information.

During your assessment the social worker will go into more detail and you will have the opportunity to discuss how this information impacts you. It is hoped that when you have your first appointment at the Solid Organ Transplant (SOT) Clinic that you have started working on and even completed some of tasks outlined below.

Social Support Requirements

Often, prior to liver transplant people may become very ill and require the help of family and/or friends for day to day tasks. As well, after transplant people will require extra help to complete these day to day tasks, manage medications and general monitoring of health. As you will not be able to drive, you will require assistance with transportation.

The people who will be helping you out are called your 'social support'. Having appropriate support in place for the pre and post transplant period is crucial to successful outcomes. Therefore, it is required that all people entering into the liver transplant program have social support people in place. Please see enclosed social support contract for further details.

Vancouver Area Residency After Discharge

You will be monitored very closely after transplant. You and your social support person(s) must reside in the local Vancouver area for a minimum 3 months after discharge. During this period you will receive specialized care that cannot be provided in your home community. The Liver Transplant Team defines the boundaries of the local Vancouver area as Abbotsford, Mission and Lions Bay. If you have relatives or friends who live within these boundaries you may stay with them.

Often furnished short term rentals close to Vancouver General Hospital (VGH) are available. The SOT social worker will provide you with an accommodation guide that lists some of the VGH area rentals.

But you need to be prepared to look outside of this area. Short term rental accommodation in Vancouver is expensive. You will also need to budget for transportation, parking, food, etc. There is limited financial assistance with these costs. The SOT social worker will work with you to see if there is any financial assistance for these costs.

Advance Care Planning

In preparation for a potential liver transplant all people should do some advanced care planning. This includes writing/updating a Will, completing a Power of Attorney (POA) and naming a Medical Representative.

- A Will is a document that is used to settle a person's estate after death.
- A POA is a document that designates someone else to manage your finances in the event that you cannot manage your own financial affairs.
- A Medical Representative is a designated person who assists with medical decision making, should you not be able to make/consent (to) medical treatment.