

# Hip and Knee Surgery Equipment List

You will need the following equipment for joint replacement surgery. Make sure the equipment is installed and you have practiced using it BEFORE coming to the hospital for surgery.

## Walking aids:

- 2-wheeled walker
- Crutches

## Sitting:

- High density (firm) foam cushion \*
- Chair with arm rests

## Bathroom equipment:

- Raised toilet seat \*\*  
(with armrests, unless you have grab bars or support surfaces to push up from) OR standard commode chair
- Shower chair \*\*\*  
(if you have a walk-in shower) OR
- Tub transfer bench \*\*\*  
(if you have a bathtub)
- Non-slip bathmat

**Dressing equipment** - this equipment is required for hip surgery and recommended for knee surgery:

- Long-handled shoehorn
- Long-handled reacher
- Sock aid
- Elastic shoe laces (OR supportive slip-on shoes)

This equipment is recommended for after knee surgery only:

- Ice machine or ice packs (+ tensor bandage)

### Walker Height:

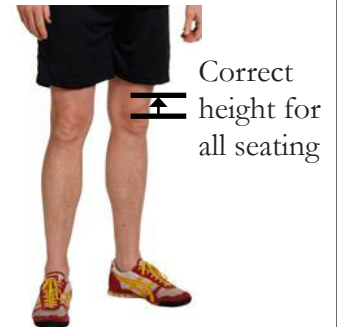
Stand straight with your arms relaxed at your sides. Have someone measure from the floor to the crease in your wrist.



### Seat height:

Everything you sit on needs to be 2" above knee height.

Measure from the middle of your knee to 2" above your knee to see how high your seats should be.



\* High density foam cushion: Choose height based on measurement (2", 4", 6", etc). Must have for hip surgery; recommended for knee surgery.

\*\* Raised toilet seat: Measure from the *top of the toilet bowl*. Choose the toilet seat height based on measurement (2", 4", 6"). If you need more than 6", get a standard commode.

\*\*\* Adjust the height of your shower chair or tub transfer bench to 2" above the knee.

# New & Rental Medical Supply Companies

Company Name	Address	Phone
Advanced Medical Healthcare Equipment	1863 Marine Drive, West Vancouver	604-912-0106
Advanced Mobility	111-2323 Boundary Rd, Burnaby	604-293-0002
BC Medequip	2230 Springer Ave, Burnaby	604-888-8811
Davies Prescription Pharmacy & Home Health Care	1401 St. Georges Ave, North Vancouver	604-985-1481
Discount Foam	6035 Fraser Street, <b>Vancouver</b>	604-324-2927
HME Mobility and Accessibility	130-4011 Viking Way, Richmond	604-821-0075
Kerrisdale Pharmacy	5591 West Boulevard, Vancouver	604-261-0333
Lancaster Medical	601 West Broadway, Vancouver 7487 Edmonds, Burnaby	604-873-8585 604- 526-3331
Laurel Prescriptions	102-888 West 8th Ave, Vancouver	604-873-5511
MacDonald Prescriptions & Home Health Care	746 West Broadway, Vancouver 1B-148 West 6 <sup>th</sup> Avenue, Vancouver (large equipment rentals only at West 6 <sup>th</sup> location)	604-872-2662 604-872-5496
MacDonald Prescriptions	2188 West Broadway, Vancouver	604-738-0733
McCue Drugs	100 - 8120 Cook Rd, Richmond *Free home delivery within Richmond	604-278-9601
Motion Specialties BC Ltd.	1562 Rand Avenue, Vancouver	604-321-0009
Regency Medicine Centre	100 - 6091 Gilbert Road, Richmond	604-273-5544
Regency Medical Supplies	4437 Canada Way, Burnaby	604-434-1383
Self-Care	48 East 6th Ave, Vancouver 1340 Pemberton Ave, North Vancouver #4-17675 66th Avenue, Surrey	604-872-5800 604-990-9422 604-574-5801
Shoppers Drug Mart/Home Health Care	202-370 East Broadway, Vancouver 15182 North Bluff Road, White Rock	604-876-4186 604-538-3400
The Foam Shop	2-3701 West Broadway, Vancouver 120 -12571 Bridgeport Rd, Richmond 1323 Marine Drive, North Vancouver 105 - 15355 Fraser Hwy, Surrey	604-738-6737 604-270-6465 604-980-8813 604-580-3626
Regency Medical	4437 Canada Way, Burnaby	604-434-1383
Regency Prescriptions	1 – 1530 West 7 <sup>th</sup> Avenue, Vancouver 130 – 809 West 41 <sup>st</sup> Avenue, Vancouver	604-738-7181 604-266-5355
Sleep Shop	12540 Bridgeport Rd, Richmond	604-278-8147
Sunquest Mobility & Medical Equipment	618 - 6th Street, New Westminster	778-397-8083
University Pharmacy	5754 University Boulevard, Vancouver	604-224-3202

Disclaimer: Please note this is not an exhaustive list of Medical Suppliers. For detailed information of local medical suppliers, please consult your area telephone directory. For more information, please visit [oasis.vch.ca](http://oasis.vch.ca)



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The information in this document is intended solely for the person to whom it was given by the health care team.

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