Same Day Admission
Surgical Patients

Patient’s Name: ______________________
Date of Surgery: ______________________
Report to Admitting at: ________________

Read this pamphlet the day you get it!

Surgical Services
Richmond Hospital
7000 Westminster Highway
Richmond BC V6X 1A2
Tel: 604-278-9711
PreAdmission Appointment
You are being admitted to the hospital on the day of your surgery. A Booking Clerk will contact you to book an appointment to visit the PreAdmission Clinic (PAC) before your surgery date.

Where do I come?
Report to Admitting at The Richmond Hospital to register for the PreAdmission Clinic (see map).

What can I expect?
• The appointment will take 1–3 hours.
• You will have any tests done that the doctor(s) feel you need.
• You will be able to discuss any questions or concerns with the PreAdmission Clinic nurse.
• The anaesthetist will see you if needed.
• We will give you information on how to prepare for your surgery.

What do I bring with me to the PreAdmission Clinic appointment?
• Your medications in their original bottles.
• Any forms you received from the surgeon’s office.
• Your Care Card (Medical Services Plan).
• If required, an interpreter who is fluent in English as well as your language, or call ahead and ask us to arrange for one.
• Bring a friend or relative if you wish.

My Questions:

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Before Surgery

• Call your family doctor or your surgeon’s office if you have a cold, a fever, or any change in your health.

• **Do not** smoke for 24 hours before your surgery. If not smoking will be a problem for you, or for information on stopping smoking please ask your family doctor, or the PAC nurse.

**Bring all medications, in their labelled containers, to the hospital with you.**

Please read the instructions on how and when to take your medications carefully.

Blood thinners

Any of these medications can thin your blood:

• Aspirin, Bufferin, or Entrophen (ASA products)

• Coumadin (warfarin)

• Ticlid (ticlopidine)

• Plavix (clopidogrel)

• Trental (pentoxifylline)

• Any prescription anti-inflammatories.

This means you can bleed easily. You will likely need to stop taking the medication before your surgery.

Follow these guidelines unless your anaesthesiologist or surgeon have given you different instructions:

14 days before surgery...
Stop Aspirin, Ticlid

10 days before surgery...
Stop Plavix and Trental, vitamins, herbal preparations and herbal teas like green tea

6 days before surgery...
Stop Coumadin

4 days before surgery...
Stop anti-inflammatories (including Advil and Ibuprofen)

These general guidelines may be changed for:

• some surgeries such as: cataract surgery, vascular surgery

• some medical conditions such as: artificial heart valves, coronary artery stents, peripheral and cerebral vascular disease, strokes, previous venous thrombosis or pulmonary embolus, irregular heart rhythms, hypercoagulable states.

To help us provide you with safe care, please tell us what blood thinners you take and why you take them.

If you have any questions or are not clear as to what to do, call your surgeon’s office or the PreAdmission nurse (604-244-5178).
Night before & Day of Surgery

It is very important that you do not eat, drink, or chew anything beginning at midnight the night before your surgery. This includes drinking water or chewing gum or candy. Your surgery may be cancelled if you do not follow these guidelines.

Exception to the above:
Take your usual medication with a small sip of water if it is for:
- Heart or blood pressure
- Breathing problems
- Seizures
- Parkinson’s disease
- Psychiatric problems (Call 604-244-5178 before your surgery date if taking anti-depressants.)
- Oral contraception or hormone therapy
- Prednisone and corticosteroid therapy
- Stomach acid reflux

Diabetic: Do not take any diabetic medications, either pills or injection. We will give your specific instructions about your diabetic medications.

- Take a bath or shower in the morning. IF you are having joint replacement surgery please follow the instructions the PreAdmission Clinic nurse has given you about bathing/showering.
- Wear comfortable clothes to the hospital.
- Remove makeup, nail polish, contact lenses, and jewellery. A wedding band may be worn if it cannot be removed.
- Leave money and valuables at home.
- Bring one friend or family member if you wish. We have a visitor’s waiting lounge.
- If you need help with the English language, bring someone who can interpret for you and who can stay with you until your surgery. If you requested an interpreter during your PreAdmission Clinic visit, the interpreter will meet you here.

For surgery booked at 7:45 a.m.: Go to the Surgical Day Care Admitting Area at 6:15 a.m.

For surgery booked after 7:45 a.m.: Go to the surgical daycare area 2 hours before surgery.

To get to the Surgical Day Care Admitting Area, come in through the South Entrance of the hospital (see map).