

**Hours of Operation:**

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

Information for patients having a  
**Prostate Ultrasound Scan**

**Contact Numbers:**

**Patient's Name:** \_\_\_\_\_

**Appointment Date:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_

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The information in this document is intended solely for the person to whom it was given by the health care team.  
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Please arrive early to give yourself time to check in. Please bring with you photo identification and your BC Care Card (personal health number).

Do not bring children under the age of 12 with you unless you bring someone to care for them while you are having the test.

**Our staff will speak with you in English. If you are not fluent in English, please bring an adult interpreter with you who is able to stay for the entire test.**

If you are not able to keep your appointment, please call the department right away. By giving us at least 24 hours notice we are able to use your time slot for another patient. We will try to give you another date and time for your test when you call.

Please do not wear perfume, cologne, or aftershave to your appointment. Some people are allergic to fragrance ingredients and can suffer severe reactions.

## **The Prostate Scan**

Your doctor has ordered an Ultrasound scan of your prostate gland. You will be asked to empty your bladder and remove your clothing from the waist down. You will lie on your left side with your knees bent and a small probe (ultrasound transducer) will be inserted into your rectum. Ultrasound pictures of the prostate gland will then be taken. Prior to insertion, the probe will be covered with two condoms and a lubricating gel.

## **How Long Will the Scan Take?**

The actual scan time is usually about 5-10 minutes, but you will be in the room for up to 45 minutes while the technologist gets the equipment ready and asks you certain questions.

## **How Should I Prepare for the Procedure?**

Your urologist will give you a prescription for antibiotics and ask you to take them before and after the scan. He may also ask you to give yourself a simple cleansing enema prior to the scan.

## **How Will the Scan Feel?**

Patients do not normally feel any discomfort from this scan and you can return to normal activities after you leave. If complications should arise after you leave the department, please contact your family doctor or urologist.