

If you're certified, you may be kept in the hospital and given treatment against your will. **But you still have the right:**

- **to know where you are and why you're certified**

The reasons for your certification are on your certificate (Form 4) or renewal certificate (Form 6), which you have the right to see.

- **to be examined by a doctor**

At least once per certification period, a doctor must examine you to see if you meet the criteria (see bottom flap).

1st certificate	2nd certificate	1st renewal	2nd renewal	3rd & further renewals
48 hrs	1 month	1 month	3 months	6 months (can repeat)

- **to ask for a review panel hearing**

An independent panel will hear your case and decide if you meet the criteria. To apply, fill out **Form 7**. For representation at your hearing, call the Mental Health Law Program:

604-685-3425 in the Lower Mainland

1-888-685-6222 elsewhere in BC

clasbc.net/mental_health_review_board

- **to ask for a second medical opinion**

If you don't agree with your psychiatric treatment, you can ask another doctor to examine you. To apply, fill out **Form 11**.

- **to speak with a lawyer**

A lawyer can give you legal advice about certification or can ask a judge to review your case. For 30 minutes of free legal advice over the phone, make an appointment with Access Pro Bono:

604-482-3195 ext. 1500 in the Lower Mainland

1-877-762-6664 ext. 1500 elsewhere in BC

accessprobono.ca/mental-health-program-telephone-clinic

You have all of these rights on extended leave.

To learn more about your rights, talk to your mental health team or read **Form 13**. Find forms 7, 11, and 13 at www2.gov.bc.ca/gov/content/health/health-forms/mental-health-forms

If you have complaints about your care, contact the Office of the Ombudsperson at 1-800-567-3247 or bcombudsperson.ca.

KNOW YOUR RIGHTS

under BC's

MENTAL HEALTH ACT

How you want to be treated.



Promoting wellness. Ensuring care.



Mental health team or psychiatrist

• Phone number _____

Near relative (person you trust)

• Phone number _____

Your certification period expires _____ YYYY - MM - DD

For more copies, go online at <http://vch.eduhealth.ca> or email pheh@vch.ca and quote Catalogue No. CD.200.R12. CC BY-NC, June 2018. The information in this document is intended solely for the person to whom it was given by the health care team. www.vch.ca

Criteria for certification

- You can be certified *only* if a doctor has examined you and believes you meet *all four* of these criteria:
1. your ability to react to your environment and associate with others is seriously impaired because of a mental disorder,
 2. you need psychiatric treatment,
 3. you need care, supervision, and control to protect you or others or to prevent you from deteriorating substantially, either mentally or physically, and
 4. you can't be admitted as a voluntary patient.