

## Richmond Eating Disorders Program

### **Who We Are:**

We are an interdisciplinary team made up of physicians, therapists, and a registered dietitian. We work in collaboration with family physicians as part of a shared care model.

A component of Richmond Mental Health and Addiction Services, the Richmond Eating Disorders Program is supported by Vancouver Coastal Health and the Ministry of Child and Family Development.

### **Who We Serve:**

We offer services to adults, youth and families with Eating Disorders. Upon request, consultation and education are available to community agencies and professionals to promote awareness and early intervention.

### **What We Do:**

We offer community-based assessment and treatment for youth, adults and families with Eating Disorders. Treatment may include individual, group and/or family counselling, medical monitoring, and nutritional support. Our aim is to explore and enhance the unique strengths and abilities of clients and families in the pursuit of personal and health goals.

We liaise with the Eating Disorders Programs at BC Children's and St. Paul's Hospitals.

## **How To Access Service:**

The program serves Richmond residents. A referral from a family physician is required.

## **Hours of Operation:**

Monday to Friday 8:30 am–4:30 pm.  
Some evening services are available, please contact the program for more information.

## **Where We're Located:**

**#600-8100 Granville Avenue**

**Richmond, BC V6Y 3T6**

**Tel: 604-244-5486**

**Fax: 604-244-5487**



## **Information and Resources:**

**Kelty Mental Health Resource Centre**

604-875-2084

[www.keltymentalhealth.ca](http://www.keltymentalhealth.ca)

**National Eating Disorder**

**Information Centre (NEDIC)**

416-340-4156

[www.nedic.ca](http://www.nedic.ca)

**Here To Help**

BC Partners for MH&A Information

[www.heretohelp.bc.ca](http://www.heretohelp.bc.ca)

**Jessie's Legacy Eating Disorders**

**Prevention and Awareness**

604-988-5281

<http://jessieslegacy.com>

For more copies, go online at <http://vch.eduhealth.ca> or email [pthem@vch.ca](mailto:pthem@vch.ca) and quote Catalogue No. **BB.500.R53**

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