



Working Together with Families and Supports

Vancouver Coastal Health is dedicated to the involvement of families and supports. We at The Carlile Youth Concurrent Disorders Centre recognize that your involvement plays an important part in creating a supportive treatment plan and recovery journey for you and your loved one.



This project was made possible thanks to the Lions Gate Hospital Foundation.



Carlile Centre

3rd floor - HOpe Centre
1337 St. Andrews Avenue
North Vancouver, BC V7L 0B8
Tel: 604-984-5004
Fax: 604-984-3793
vch.ca/carlile



For more copies, go online at <http://vch.eduhealth.ca> or email pchem@vch.ca and quote Catalogue No. **BA.560.C371**
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The information in this document is intended solely for the person to whom it was given by the health care team.
www.vch.ca

Carlile Centre

Youth Concurrent Disorders Centre

Information for
Family & Supports



Who can I contact for information about my youth?

For general inquiries please call our unit at 604-984-5004 and you will be connected with a staff member who is working with your youth.

You will also have opportunities for family meetings with our treatment team for updates, support and planning.

Who is on the treatment team?

- Concurrent Disorders Clinician
- Nurses
- Occupational Therapists
- Psychiatrists
- Psychologist
- School support staff
- Social Workers
- Youth Care Workers

Unit visits

Visiting hours end at 8:30 pm and visiting times are dependent on each youth and their goals and treatment plan.

Visiting times will be arranged during family meetings and with your youth's treatment team. Please call the unit prior to visiting to confirm and arrange a visiting time.

The Carlile Centre treatment team will work with you and the youth on who will be best to visit, for how long and how many at one time to meet treatment goals and create a safe environment for all youth at the centre.

All visitors are asked to leave their bags at the care team base for safekeeping.

You can meet in our common areas and family rooms at the Carlile Centre.

To maintain the confidentiality and privacy of our youth, please do not take any pictures or videos on the unit.

What can I bring during visits?

You are more than welcome to bring youth comfort items, such as comfy clothing and food.

Please have items you bring in for your youth checked by a member of the staff. In accordance with our smoke-free policy, please do not bring cigarettes. Please do not bring in items of value such as laptops, iPods, etc.

Off Site Passes

Please check with a team member before planning any outings. All youth need to have passes approved by the psychiatrist before leaving the centre.

Tea Time

Every evening we have tea time from 6:30 pm–7:00 pm. Family and supports are welcome to attend. During tea time we discuss plans for the evening and for the next day.

Parking

- Free 2 hour street parking in front of the HOpe Centre and surrounding streets
- Underground pay-parking available at the HOpe Centre
- Pay-parking at Lions Gate Hospital Visitor Parking lot

Resources and Supports

Kelty Mental Health Resource Centre
www.keltymentalhealth.ca

The F.O.R.C.E Society for Kids' Mental Health
www.forcesociety.com