



This project was made possible thanks to the Lions Gate Hospital Foundation. If you would like to make a donation, visit www.lghfoundation.com or call 604-984-5785.



Carlile Centre

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Carlile Centre

Youth Concurrent Disorders Centre General Information



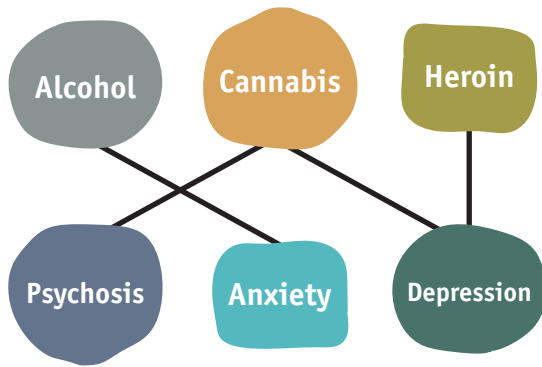
Who Do We Help?

The Carlile Youth Concurrent Disorders Centre is a 10-bed inpatient centre for youth aged 13 to 18 years who are struggling with mental health concerns and problematic substance use.

What is a Concurrent Disorder?

People who have combined substance use and mental health concerns are said to have concurrent disorders.

Concurrent disorders can include combinations such as:



People often ask, “Which came first: The mental health problem or the substance use problem?”

This is a hard question to answer.

Often it is more useful to think of them as independent problems that interact with each other.

What Do We Do?

We support youth as they manage their substance use and mental health concerns by providing:

- A holistic approach
- Assessment and diagnostic classification
- Medically managed detox
- A safe and welcoming environment
- Opportunity to build coping skills
- A range of therapeutic approaches
- Opportunities to create positive connections
- Connecting with their families and supports
- Work closely with community connections

Who is on the Team:

- Concurrent Disorders Clinician
- Nurses
- Occupational Therapists
- Psychiatrists
- Psychologist
- School support staff
- Social Workers
- Youth Care Workers

How Do Youth Become a Part of the Carlile Centre?

By referral only

Youth must be from the Vancouver Coastal Health region and referred by a health care clinician.

To make a referral speak to your community supports.

For further information regarding referrals please go to:
**www.vch.ca/carlile or contact
Central Addictions Intake Team
(CAIT): 604-675-2455**