Community Health Services include:

- **Home Care**: In home professional nursing and rehabilitation services for those whose health makes it difficult to look after themselves.

- **Home Support**: Home support services include help with bathing, dressing, walking, meals and household tasks, etc.

- **Case Management Services**: Assistance for people in identifying care issues and co-ordinating services.

- **Residential Care**: Access to facilities for people who can no longer be cared for at home and who require 24-hour supervision.

- **Palliative Care/Hospice Care**: In home assistance intended to comfort and support individuals & families living with a life threatening illness.

- **Volunteer Program, Nutrition Counselling**

**Mental Health Services**

- Greater Vancouver Mental Health Services - Geriatrics................................................. 604-709-6785
- Mental Health Information Line..................................................................................... 604-669-7600
- Alzheimer Society of B.C.............................................................................................. 604-681-6530

**Equipment**

- Red Cross Equipment Loan - wheelchairs, walkers, etc. .................................................. 604-301-2566
- Health Link Medical Equipment Supply........................................................................... 604-264-8080
- Mobility Matters - Resources for Independent Living ................................................... 604-267-0831
**Personal Emergency Response Systems**

- Canadian Medic Alert Foundation (hot line registry) ........................................ 1-800-668-1507
- Life Line Program (emergency response) ............................................................... 604-872-5433
- Wandering Registry (Alzheimer's Society of Canada) ............................................. 1-800-616-8816

**Transportation**

- Handy-Dart Bookings .............................................................................................. 604-575-6600
- Vancouver Taxi Wheelchair Services ....................................................................... 604-255-5111
- Parking Permit Program for People with Disabilities .............................................. 604-718-7744
- Volunteer Driver Program (Cancer Patients Only) .................................................. 604-872-2034 or 604-253-8470

**Meals**

- Meals on Wheels ...................................................................................................... 604-732-7638
- Dial-a-Dietitian (English, Chinese, Punjabi) ............................................................. 604-732-9191
  outside of Vancouver: 1-800-667-3438

**Personal Emergency Response Systems**

- Arthritis Telephone Information Service ................................................................. 604-875-5051
  outside of Vancouver: 1-800-321-1433
- BC Lung Association - programs for breathing problems ...................................... 604-731-5864
- BC Centre for Elder Advocacy and Support ............................................................ 604-437-1940
- Parkinson Society of British Columbia .................................................................. 604-662-3240
- LifeLabs: Mobile Laboratory Service ..................................................................... 604-412-4495
- Canadian Continence Foundation .......................................................................... 1-800-265-9575
- Canadian National Institute for the Blind ............................................................... 604-431-2121
- Cancer Information Line ......................................................................................... 1-888-939-3333
- Diabetes Resource Centre Information Line ............................................................ 604-732-4636
- Heart & Stroke Foundation of BC .......................................................................... 604-736-4404
- Office of the Public Trustee - Legal & financial affairs for at risk seniors ............. 604-660-4444
- Osteoporosis Society (Resource Line) ...................................................................... 604-731-4997
- Seniors Well Aware Program (SWAP) - Alcohol & Drug concerns ...................... 604-662-7927
- Seniors Housing Information Program (SHIP) ....................................................... 604-520-6621
- Seniors Counselling Service (411 Dunsmuir) .......................................................... 604-684-8171
- Stroke Recovery Association of BC ........................................................................ 604-688-3603
- SUCCESS - United Chinese Community Enrichment Services Society ............... 604-684-1628
- Western Institute for the Deaf and Hard of Hearing .............................................. 604-736-7391

Please contact your family doctor for advice or if you become ill. For a medical emergency you should go to the Emergency Department of your local hospital.

For more information about health concerns, call or visit the CIBC Centre for Patients and Families: **604-875-5887**, Vancouver General Hospital, Jim Pattison Pavilion, Rm 1861, 899 West 12th Avenue.