Prevention Services

THIP
The Transgender Health Information Program [THIP] helps people access gender affirming information and resources across BC. All transgender-health related questions from youth, adults, families, health care providers and others are welcome. Call 604-734-1514 or 866-999-1514 (BC wide) or email transhealth@vch.ca

PlanetAhead-Condomania
Facilitating a range of sexual health workshops in high schools with a focus on grades 8 through 10. www.planetahead.ca
For more information, call 604-714-3771 Ext. 2373

SACY
SACY is a multifaceted substance use prevention initiative that engages youth, families, communities and school staff. To learn more about this VSB/VCH initiative and the front-line staff affiliated with each VSB secondary school, please visit www.vsb.bc.ca/sacy

Watari STAR Program
StopThinkAssessRespond is a strengths-based health promotion/education curriculum for youth in grades 4 & 7. For more information, or to book a session, call 604-254-8995 or email star@watari.ca

Mental Health & Other Services

Aboriginal Wellness Program
The Aboriginal Wellness Program provides services to Aboriginal youth and families. Call for information about referrals. 604-875-6601

Child & Adolescent Response Team (CART)
Urgent response to mental health related crises involving school age children/youth and their families. Short-term therapy, resources and referral coordination. Weekdays only. 604-874-2300

Child & Youth Mental Health Intake Line
A single point of access for child and youth mental health services (up to and including age 18) in Vancouver. 604-675-3895

Family And Community Enhancement Services (FACES)
ADHD Parent Program - Program for caregivers of children and youth (3–15 years) who have a primary diagnosis of ADHD. Connect Parent Group - Program for parents of children and youth (8–18 years) which focuses on strengthening the parent/child attachment relationship. 604-675-3896

Omunity
BC’s Queer Resource Centre. PrideLine, information, referral and peer support. www.omunity.ca 1170 Bute St 604-684-5307

SAFER (Suicide Attempt Follow-up, Education and Research)
Providing counselling for people aged 19 and older who are feeling suicidal or have attempted suicide, support and education for those concerned about loved ones at risk for suicide, and counselling for those bereaved by a suicide death. 1669 East Broadway (Commercial and Broadway) 604-675-3985

VCH Eating Disorders Program
The program offers a community based, outpatient multidisciplinary team which works with individuals at various stages in their recovery process. 604-676-2531

Services in Richmond

Richmond Addiction Services - Problem Gambling/Gaming Program
Services for those who are problem gambling/gaming or impacted by problem gamblers/gamers. www.richmondaddictions.ca 604-270-9220

Richmond Child & Adolescent Response Team (CART)
Youth and Family Program
Outpatient and outreach counselling, drop-in, assessment and referral services, community and school-based prevention services, alternative therapies www.richmondaddictions.ca 604-270-9220

Richmond Eating Disorders Services
A free, voluntary, community-based program that offers assessment and treatment services for youth (and family members) with anorexia nervosa, bulimia nervosa or an eating disorder not otherwise specified. General Practitioner referral required. 604-244-5486

Richmond Youth Service Agency (RYSYA)
Counselling, career/employment support, after-school and recreation programs, and Aboriginal supports for children, youth and families. www.rysya.bc.ca 604-271-7800

Services in North Vancouver

15th Street Youth Services
 Providing mental health and addiction services for families and youth aged 13–18. Mon – Fri 8:30am – 4:30pm. 604-984-3795

Youth Concurrent Disorder Services
Family and Community Enhancement Services (FACES)
Resilient Kids
Group counselling available to children who have a parent with a significant mental illness. 604-675-3896

Youth Concurrent Disorders
Provides assessment, counselling and education to youth 18 and under with concurrent mental health and substance use issues. Access to psychiatric assessment if necessary. 604-675-3896

Provincial Youth Concurrent Disorders Program
Provides outpatient psychiatric consultations for BC youth (ages 12–24). Referral from physician required. Located at BC Women’s and Children’s Hospital. 604-875-2010

Self-Help Resources

Adult Children of Alcoholics and/or Dysfunctional Families
www.adultchildren.org 604-878-8500
Alateen & Al-Anon
604-688-1716
Alcoholics Anonymous
604-434-3933
Narcotics Anonymous
604-872-1018
SMART Recovery www.smartrecovery.org

Other Resources

24-Hour Vancouver Crisis Line www.youthinbc.com 1-866-661-3311
Alcohol & Drug Information & Referral Services 604-660-9382
Health Link BC/Nurse Line 8-1-1
Kelty Mental Health Resource Centre 1-800-665-1822
Kids Help Phone 1-800-668-8586
Provincial Child and Youth Advocate 1-800-476-3933
VictimLink BC Service
Service provided in over 110 languages. 1-800-563-0808
Watari Survival Manual www.survivalmanual.org

For more information:
www.vch.ca/youth

For more copies, go online at http://vch.educheealth.ca or email phem@vch.ca and quote Catalogue No. JB.556.Y58
Please send any feedback about this handout to feedback@vch.ca
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The information in this document is intended solely for the person to whom it was given by the health care team. www.vch.ca
Vancouver Public Health
Youth Clinics

Youth clinics offer free and confidential drop-in services for youth up to and including age 24. Services are provided by trained health care providers and include:

- Testing for sexually transmitted infections
- Free condoms and water-based lubricant
- Emergency contraception
- Pap tests
- Free or low-cost birth control options
- Pregnancy testing and options counselling
- General counselling

Visit: www.vch.ca/youthclinic for more information and additional youth clinic locations.

Boulevard Youth Clinic
2110 West 43rd Ave, Vancouver, BC, V6M 2E1 604-261-6366
Hours: Mon 2:00 – 4:30pm, Thurs 3:30pm – 6:00pm

Broadway Youth Resource Centre Youth Clinic
2780 East Broadway (at Kastl St), Vancouver, BC, V5M 1Y8 604-786-2228 Fax: 604-435-5694
Hours: Thurs 2:30 – 5:00pm

East Van Youth Clinic
1669 East Broadway (at Commercial Drive), Vancouver, BC, V5M 1Y9 604-675-3990
Hours: Mon, Tue, Wed 3:00 – 6:00pm, Fri 2:00 – 5:00pm

Knight Street Youth Clinic
6405 Knight St, Vancouver, BC, V5P 2V9 604-321-6151
Hours: Mon 2:00 – 4:30pm, Thurs 3:30pm – 6:00pm

Outreach, Counselling & Support Services

Broadway Youth Resource Centre
Life skills, counselling, health services, employment training, meals, housing supports and referrals. 1619-2780 East Broadway 604-254-7570

Directions Youth Services Centre
Life skills, counselling, health services, employment training, meals, housing supports and referrals. www.fsgv.ca 900 Pacific St (Pacific & Hornby) 604-633-1472 or 1-866-249-6884

Hey-’Way’-Ho! Healing Circle for Addictions Society
401-1638 East Broadway 604-874-1831

NEBUS (Boys and Girls Club of South Coast BC)
Substance abuse counselling and outreach program for youth aged 12–24. www.dbvcc.ca 550 Cambie St 604-660-5216

Odyssey II (Boys and Girls Club of South Coast BC)
Substance abuse counselling program for youth aged 12–24 and their families. www.bgvbcc.ca 2875 Saint George St 604-679-8553

Parents Forever (Boys and Girls Club of South Coast BC and From Grief to Action)
Voluntary admission program with a harm reduction approach. www.pbcv.cc 604-542-4230

Parents Together (Boys and Girls Club of South Coast BC)
Professionally supported, mutual support/self-help program for parents of teens aged 12–18. www.bgvcc.ca 604-325-0556

PELA Community Services Society of BC
28-day stabilization placements for youth aged 21 and under who are determining their next steps for addiction treatment. www.pela.cc 604-708-2616

Peak House - Pacific Youth and Family Services Society
10-week, all genders, live-in alcohol and drug treatment program for youth aged 13–18. www.peaksociety.ca 604-253-6310

The Crossing at Keremeos
Long-term residential treatment centre for youth aged 14–18. 1-877-218-7746

Urban Native Youth Association (UNYA) – Young Bears Lodge
Culturally-based empowerment programming with a focus on alcohol and drugs for youth aged 13–18. www.unya.bc.ca 604-322-7577

Youth Substance Use Treatment Services

Watari Counselling & Support Services
7-week alcohol and drug day treatment program for youth and young adults aged 13–24. www.watari.ca 604-438-3755

Watari Counselling & Support Services
1618 East Hastings St 604-254-6995

Watari, Counselling & Support Services
Counselling services for children, youth, adults and families. www.watari.ca 301-877 East Hastings St 604-254-6995

Youth Substance Use Services for Youth

VCH Community Health Centres (CHCs) offer a range of services for youth and adults including:

- Youth, adult, older adult, family and group counselling for issues related to substance use
- Addictions Nurse and Addictions Doctor
- Withdrawal management (19+)
- Needle exchange and methadone maintenance
- Free public Addictions Education series (Pacific Spirit & Raven Song CHCs)

VCH Youth Addiction & Concurrent Disorder Counsellors
Free, confidential counselling and support for youth/young adults aged 24 and under, and their families, with substance use concerns and related issues. Contact the nearest VCH Community Health Centre below to book an appointment.

Downtown CHC
569 Powell St (near Powell and Princess Ave) 604-255-3151

Evergreen CHC
3425 Crowley Drive (1 block south of Joyce Skytrain Station) 604-872-2511

Pacific Spirit CHC
2110 West 43rd Ave (43rd & West Blvd) 604-261-6366

Pender CHC
59 West Pender Street (near Pender and Abbott) 604-669-9181

Raven Song CHC
2450 Ontario St (2 blocks west of Main on Broadway) 604-709-6400

Robert & Lily Lee Family CHC
1669 East Broadway (Commercial and Broadway) 604-675-3990

Three Bridges CHC
1290 Hornby St (at Drake St) 604-736-9844

Watari Counselling & Support Services
Counselling services for children, youth, adults and families. www.watari.ca 301-877 East Hastings St 604-254-6995

Watari, Counselling & Support Services
Counselling services for children, youth, adults and families. www.watari.ca 301-877 East Hastings St 604-254-6995

Youth Services, family services and family supports.

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