Help keep your loved one safe from injury due to falls.

Are you helping your loved one in or out of bed, or to go for a walk?

- Call the nurse if you are unsure how they will manage.
- Make sure they wear good-fitting shoes or non-slip socks.
- Encourage them to use their walker, cane or wheelchair, as needed.

Are you leaving your loved one’s side?

- Turn on the bed or chair alarm.
- Leave the call bell within their reach.
- Tell the nurse.

If you have any questions or concerns, please ask the staff.
Thank you for your help!