

How to refer to the WBP



- Self-referral
- Parent/Family referral
- Community agency directly involved with the individual
- School or teacher of the deaf/hard of hearing

*Referrals made by another individual should be done with client consent

Referral Process

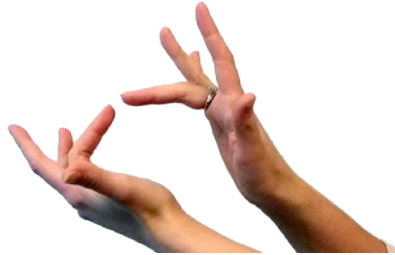


Once the WBP has received a referral, an intake appointment will be arranged to gather information about the individual and areas of need. If this program is not the right fit for the person's needs, recommendations or a referral may be made to another community agency.



Contact Information

Deaf, Hard of Hearing &
Deaf-Blind Well-Being Program



contact

#300 - 4211 Kingsway
Burnaby, BC V5H 1Z6

Phone#: 604-456-0900

TTY#: 604-456-0901

FAX#: 604-456-0904


Toll-free TTY#: 1-800-949-1155
(for BC residents only)

E-mail: WellBeing.Staff@vch.ca

Website: deafwellbeing.vch.ca

We are on Social Media:

 Youtube: **deafwbp**

 Twitter: **@DeafWBP**

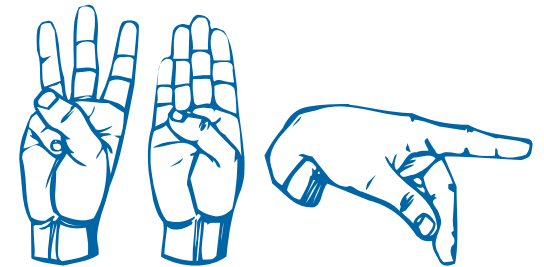
 Facebook: **VCH Deaf Well-Being Program**

 Instagram: **@vchdeafwellbeing**

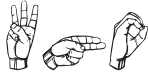
For more copies, go online at <http://vch.eduhealth.ca> or email phem@vch.ca and quote Catalogue No. **GN.905.D278**
© Vancouver Coastal Health, December 2016

The information in this document is intended solely for the person to whom it was given by the health care team.
www.vch.ca

Deaf, Hard of Hearing & Deaf-Blind Well-Being Program



Who Are We?



The Well-Being Program (WBP) provides mental health and wellness services and programs for deaf, hard of hearing and deaf-blind people and their families across British Columbia. Our services include all ages from young children to older adults. When appropriate, services may be provided to hearing family members of deaf individuals.

Our office is culturally sensitive and accessible for all communication needs and modalities.

All services are confidential, and free of charge.

Commitment



The Well-Being Program is committed to providing safe confidential and therapeutic services in order to assist people in improving and enhancing their lives.

Our vision is to help deaf, hard of hearing and deaf-blind people to be empowered and equal.

Mental Health & Well-Being Services



Counselling and Therapy:

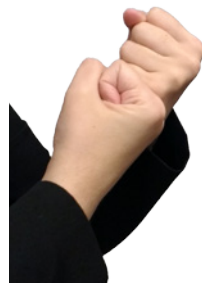
- Individual
- Couple
- Family
- Group



therapy

Social Work Services:

- System navigation
- Advocacy
- Addiction support services
 - Collaboration and consultation
 - Psychiatric assessments and consultation
 - Psycho-educational workshops and community education
 - Mental health interpreting



support

The WBP provides counselling for people dealing with depression, anxiety, trauma or anger difficulties. The program also supports individuals in navigating life changes, exploring identity issues, and enhancing wellness.

Our Staff



- Mental Health Therapists
- Social Workers
- Cross Cultural Mental Health Worker
- Peer Support Workers
- Psychiatrist

Specialized Services



Child and Youth Services

- Counselling services
- School and community program consultation
- Deaf culture awareness
- Social and emotional skills development
- Addiction support services

Adult and Older Adult Services

- Counselling services
- Community and hospital collaboration
- Education related to deaf culture
- Addiction support services
- Social and emotional skills development