

What else are they called?

Rohypnol:

- Roofies
- Rope
- Roach pill
- Mexican Valium
- Forget-me

GHB:

- G
- Liquid X
- Liquid E
- Salty Water
- Gamma
- Grievous Bodily Harm
- Georgia Homeboy
- Easy Lay

Ketamine:

- K
- Special K
- Vitamin K
- Ket
- Cat Valium

Where Can A Person Get Help?

Concurrent Disorder Program

Child & Youth Team
2nd Floor, 990-22nd Street
West Vancouver, BC V7V 4C2

Phone: 604-904-6270
Fax: 604-904-6290
Hours: 8:30 am – 4:30 pm
Monday to Friday

Talk to the Prevention Worker in your school or give the number on the front of this pamphlet a call.

Detox Services (D-Talks Access Central)

1-866-658-1221

Vancouver Crisis Centre

604-872-3311

West Coast Alternatives Society Addictions Counselling

604-984-0255

MCFD Emergency Helpline

310-1234 (no area code needed)

Poison Control

604-682-5050

In case of emergency, call 911

For more copies, go online at <http://vch.eduhealth.ca> or email pchem@vch.ca and quote Catalogue No. **DB.500.C627**

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Club Drugs



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Child & Youth Team
West Community Health Centre

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Tel: 604-904-6270

What is Ketamine?

Ketamine is a tranquilizer that is used to sedate small animals such as cats. It is usually sold as a liquid, but it can also be changed into crystals or a white powder. It is colourless, odourless, tasteless, and can be easily dissolved in a drink.

What happens to a person when they take Ketamine?

They may experience any of the following effects:

- Sedation
- Blackouts
- Confusion
- Difficulty moving and speaking
- Difficulty seeing or hearing others (being in the “hole,” the “K hole,” or “K Land”)
- Nausea and vomiting
- Difficulty breathing
- Problems with taste and smell

If Ketamine is taken with alcohol or other drugs, the chances of an overdose drastically increase.

How does a person take Ketamine?

As a liquid, Ketamine can be injected or mixed into drinks. When it is changed into a powder, it can be snorted, or mixed with tobacco or marijuana and smoked. It can also be mixed with GHB (“G and K”) and cocaine (“CK”).



How long do the effects of Ketamine last?

Ketamine, by itself, usually lasts 1 to 2 hours.

What are GHB and Rohypnol?

Rohypnol is a very potent tranquilizer that is up to 10 times more powerful than Valium.

GHB is an anaesthetic sold in powder, liquid, and capsule form.

What are the effects of Rohypnol and GHB?

- Abrupt and intense drowsiness
- Dizziness and confusion
- Nausea and vomiting
- Seizures
- Loss of memory
- Coma and death
- Disorientation
- Decreased heart rate & blood pressure
- Problems with movement, speech and vision

Due to the sedative effects of these drugs, both have been used in sexual assaults.

How long do the effects of Rohypnol and GHB last?

Effects can occur anywhere from 5 to 30 minutes after taking GHB or Rohypnol. The effects can last from 4 hours to 8 hours. Some people still report feeling hangover-like effects days later (such as fatigue, headaches, etc.).