

Did You Know

Capsules sold as magic mushrooms are usually mushrooms mixed with a mixture of LSD or PCP, two potent hallucinogens.

There are dozens of different species of mushrooms belonging to the genus *Psilocybe*.

The drug affects each user differently – the setting, the user's expectation, past drug experiences, and personality can all influence effects.

Psychosis (loss of touch with reality) may occur for some of those trying the drug.

Where Can A Person Get Help?

Concurrent Disorder Program

Child & Youth Team
2nd Floor, 990-22nd Street
West Vancouver, BC V7V 4C2

Phone: 604-904-6270
Fax: 604-904-6290
Hours: 8:30 am – 4:30 pm
Monday to Friday

Talk to the Prevention Worker in your school or give the number on the front of this pamphlet a call.

**Detox Services
(D-Talks Access Central)**
1-866-658-12215

Vancouver Crisis Centre
604-872-3311

**West Coast Alternatives Society
Addictions Counselling**
604-984-0255

MCFD Emergency Helpline
310-1234 (no area code needed)

Poison Control
604-682-5050

In case of emergency, call 911

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Magic Mushrooms



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Tel: 604-904-6270

What else are magic mushrooms called?

- ‘shrooms
- mush
- mushies
- liberty caps
- cubes
- mushrooms
- psilocybin
- chocolate
- zoomies

What are magic mushrooms?

Magic mushrooms are hallucinogens (they cause people to see, hear, and feel things that are not real), and belong to the genus *Psilocybe*. They are chemically related to other drugs such as LSD, PCP, and DMT.

How does a person take magic mushrooms?

Magic mushrooms are usually eaten raw, dried, or powdered. They can also be steeped in tea, added to cooked foods, or put into capsules.



What happens to a person when they use magic mushrooms?

The effects of psilocybin are typically felt after half an hour and last for three to six hours.

They include feelings of relaxation and lethargy, increased heart rate and blood pressure, shivering, nausea, distorted perception (especially visual), chills, numbness of mouth and tongue, dizziness, confusion, sweating, anxiety, stomachaches, and lightheadedness.

What happens when a person uses over a long period of time?

The long-term effects of magic mushrooms are not known. For some individuals trying magic mushrooms, it can cause psychosis (a loss of touch with reality).

Is it addictive?

YES! Some people do experience psychological dependency (they feel that they need the drug to be themselves and to make it through the day). Without mushrooms, they may feel detached from the world, disinterested in activities usually enjoyed, and may view themselves as boring or dull.

Does tolerance build?

YES! After everyday use for as little as three or four days, tolerance does build from magic mushrooms. That means that a larger amount of the drug needs to be taken for someone to get high.



Are magic mushrooms dangerous?

YES! Although there are no reported deaths from psilocybin, people have been killed from picking the wrong type of mushrooms. There are many poisonous wild mushrooms that resemble psilocybin. These poisonous mushrooms can cause permanent liver damage or death.

Having a “bad trip” is another risk of taking mushrooms. “Bad trips” are like having a nightmare that you cannot wake up from. They are extremely scary, and most people who have had bad trips will not take mushrooms again. When people “trip out,” they can harm themselves or others.